

Because We Care



Clontarf Private Nursing Home



Silver Stream
HEALTHCARE

www.silverstream.ie



Welcome to Contarf Private Nursing Home

A **Céad Míle Fáilte** awaits you at Clontarf Private Nursing Home. Set along the idyllic coastline of Clontarf, Dublin 3, the home is just a few kilometres from the city centre and within a gentle strolling distance of Clontarf village. The nursing home originally stood as three separate houses but have been combined and renovated to ensure that the homely atmosphere and charm has been maintained.

The dining room is large and spacious and there are a number of comfortable lounges, reading and recreational areas.

The home consists of 35 beds with both single rooms and shared rooms. Dining room options are available on two levels. The gardens have been landscaped to preserve the character of the building.

The extremely homely atmosphere provides high quality care along with courteous understanding and kind attention to all our residents.

The aim of the team at Clontarf Private Nursing Home is to meet the needs of our residents by providing them with the highest level of care and attention. We are committed to continuous improvement with our ongoing quality programme and one that is committed to the quality of life of our residents.



What We Offer

At Silver Stream Healthcare Group we provide focused care options for individual care needs and will work in consultation with you to ensure that you make the right care choices for you or your loved one.

Long Stay Care

- Long Stay Residential Care
- Dementia Focused Care
- Medical Illness Care
- End of Life Care
- Personalised & Focused Care

Short Stay Care

- Respite Care
- Transitional Care
- Post Illness Convalescence
- Post-Operative Convalescence
- Focused & Continuing Care Options





Focused & Continuing Care Options

We provide focused care options for individual care needs and will work in consultation with you to ensure that you make the right care choices for you or your loved one. All care options and your choices will be continually reviewed and adapted as your care needs change or advance.

Your Healthcare

- Comprehensive Nursing & Medical Care
- Person Centred, Advanced Care Planning
- Personal Care Team
- Clinical Governance Team
- Medication Management
- Physiotherapy Care Access
- Specialist and Therapeutic Care Access
- Community Care Team Access
- Continuing Care Options

Your Social Care

- Dedicated Activities Coordinator
- Activity Based Care & Social Contact
- Activities, Events & Social Programmes
- Specialist Group & Individual Activities
- Exercise, Movement & Fitness Programmes
- Spiritual Care Program
- Dedicated Advocacy Services Manager

Your Care Environment

- Comfortable & Homely Environment
- Care Focused Design
- Additional Safety & Security Features
- Temperature Controlled
- Continuous Cleanliness & Maintenance
- Private Visitor & Family Access

Your Personal Care

- Comprehensive Personal Care
- Hairdresser
- Specialist & Complimentary Care Access
- Clean, Fresh Laundry & Linen
- Nutritious, Home Cooked Meals

Consultation & Support

- Care Team Support
- Open Door Policy
- Residents Committee
- Relatives Information & Support Group





Post Illness Convalescence Care and Respite Care

Convalescence Care is designed to provide an important transitional phase immediately after discharge from hospital. Ageing may cause your health to decline and often minor ailments can result in hospital visits for diagnostic testing or treatment.

Respite Care is designed to offer a short stay respite period for you, your family and/or professional carer. A medical referral is not required and you are welcome to arrange respite care directly with us. Most respite stays are agreed in advance and the care period can be as long or short as you wish, subject to accommodation availability.

Following a convalescence care period you will be consulted on whether you wish to return home or avail of our continuing care options.

Menu & Nutrition

Our chefs pride themselves on providing local quality seasonal food every day. Menus are designed to meet the nutritional needs of all residents and our catering staff can provide for any special dietary requirements. A daily choice of specially prepared meals will be offered. We at Clontarf Private Nursing Home pride ourselves on a complete dining experience for our residents.

Keep Active and Enjoy What You Do

- Activities & Recreation
- Arts & Crafts
- Music & Song
- Board Games, Bridge, etc,
- Visits to Local Attractions
- Newspapers, TV, DVD, Beauty, Hairdressing



OUR Ethos of Care

Silver Stream's central ethos is to provide quality person centred care, where residents are offered choice in their way of life and are consulted and participate in decisions regarding their care. Our vision is to create an environment where residents are supported and encouraged to retain their highest level of ability, autonomy and independence. We very much embrace the changing cultures of care, transitioning away from a medical model towards care that is not only person centred, but also person directed.

Our Team

Our Team at Silver Stream all have extensive experience in the provision of both long and short term care. The team is personally selected to cater for the individual needs of our residents. These standards of care create a level of warmth and compassion.

It's your Home.

Clontarf Private Nursing Home

BALLYMUN • DUNLAVIN • INCHICORE
LEESON PARK • NENAGH • RATOATH



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HEALTHCARE

Clontarf Private Nursing Home

5-7 Clontarf Road, Clontarf
Dublin 3, D03 NA78

Call today to speak to our dedicated
Admissions Liaison Nurse Manager

01 525 2503

E: admissions@silverstream.ie
admin@silverstream.ie



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